Sustainable Development Stories

Ideas for Sustaining Development after the Initial TMP Debrief

PACING APP – ***An interactive tool designed to help improve communications with others. This report gives you advice about "Pacing" a specific individual.***

TIPS FOR COMPLETING THE *PACING APP* –

- The person who you are completing the Pacing App on does not need to have an active TMP. Sometimes it makes more sense to complete the App based on your perception alone, rather than their work preferences.

APPLICATION 1

STRUGGLING TO EFFECTIVELY COMMUNICATE WITH REMOTE COLLEAGUE - "I work in a remote setting - home. I struggle with communication with another remote colleague. I am more verbal and have the tendency to want to discuss issues and ideas as they come up. Based on my TMP results, this makes sense. He is the opposite and finds this distracting. Not being able to discuss ideas and issues at hand is difficult for me and I tend to feel very isolated.

The Pacing App provided a few KEY takeaways for me. One of the most profound & useful 'Avoid surprises: communicate in writing on important issues so that they have time to mull them over'. Simply providing my colleague with an agenda or quick topics of conversation before meetings or phone calls has been extremely helpful. This eliminates the element of surprise for them and keeps our communications focused and content driven."